

# NEWS RELEASE



# SONS OF NORWAY

**For Immediate Release**

**Contact:** Erik Evans  
612-821-4623  
800-945-8851  
eevans@sofn.com

*SONS OF NORWAY...*

- ★ Is the largest Norwegian-American organization in the world
- ★ Works to preserve and promote Norwegian heritage and culture
- ★ Provides financial protection through quality insurance products
- ★ Awards scholarships and grants to support individual lodges in their studies, projects, programs and humanitarian efforts

## **Kate Gaustad Awarded Sons of Norway Foundation's Astrid G. Cates Scholarship**

**Minneapolis, June 26, 2008** – Kate Gaustad of Snellville, GA, was awarded a Sons of Norway's Astrid G. Cates scholarship, given to Sons of Norway members and their families.

Gaustad attends Brookwood High School, and during after school hours devotes her time to dancing in the Senior Company of Northeast Atlanta Ballet. She participates in Girl Scouts, having earned the Bronze Award, the Silver Award, Community Service and Leadership Awards, and is working on her Gold Award.

In the fall, Kate will attend Kennesaw State University where she'll be majoring in Nursing. One day she hopes to become a Nurse Practitioner. She credits the help and support of her family for her success and also values the continuing family tradition of Sons of Norway membership, one her father and grandparents have fostered. She is a charter member of the new Vennekretsen Atlanta Lodge 3-678.

Sons of Norway Foundation Director Cindy Olson said, “The Sons of Norway Foundation has proudly awarded educational scholarships for over 40 years. Astrid Cates and Myrtle Beinhauer, Sons of Norway members, left the Foundation bequests to be used to further improve our communities through education. The Foundation believes in providing these opportunities to strengthen our communities and help us protect Norwegian heritage and culture for future generations. The 2008 recipient Kate Gaustad embodies these goals.”

1455 W. Lake Street  
Minneapolis, MN  
55408  
800-945-8851  
[www.sonsofnorway.com](http://www.sonsofnorway.com)

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Astrid G. Cates remembered Sons of Norway youth with a special bequest in her will to the Sons of Norway Foundation. The Sons of Norway Foundation established the Astrid G. Cates Scholarship Fund in 1984. The goal of this scholarship is to help Sons of Norway members, their children and grandchildren obtain post-secondary training or education.

The Sons of Norway Foundation celebrates culture and expands the horizons of our members by awarding scholarships and grants to promote the heritage and culture of Norway, and provides assistance to our members, lodges and their communities. Since 1966 we have awarded over 2,000 scholarships and more than 400 grants totaling over \$1 million. For more information on this scholarship and the Sons of Norway Foundation, visit <http://www.sonsofnorway.com/foundation>

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