

# NEWS RELEASE



SONS OF  
NORWAY

For Immediate Release

**Contact:** Erik Evans  
612-821-4623  
800-945-8851  
eevans@sofn.com

## Elizabeth Lyda Awarded Sons of Norway Foundation's Myrtle Beinhauer Scholarship

**Minneapolis, June 26, 2008** – Elizabeth Lyda of Denver, CO, was awarded a Sons of Norway Foundation Myrtle Beinhauer Scholarship, given to Sons of Norway members and their families.

Elizabeth Lyda attends East High School in Denver, Colorado. Elizabeth is a member of the National Honor Society, and has been active in choir, soccer and tennis. She has been a hospital volunteer at University of Colorado Hospital for the past four years at the information desk and pharmacy. Upon graduation in May she will attend Pacific Lutheran University in Tacoma, Washington. Elizabeth plans to major in science or a health related career.

Elizabeth has been a Sons of Norway heritage member at Trollheim 6-110, since 1998. Elizabeth has traveled to Norway twice to visit with relatives and enrich her understanding of Scandinavian culture. She has enjoyed assisting with cooking at many annual walleye and lutefisk dinners at her local lodge.

Sons of Norway Foundation Director Cindy Olson said, "The Sons of Norway Foundation has proudly awarded educational scholarships since 1966. Astrid

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### SONS OF NORWAY...

- ★ Is the largest Norwegian-American organization in the world
- ★ Works to preserve and promote Norwegian heritage and culture
- ★ Provides financial protection through quality insurance products
- ★ Awards scholarships and grants to support individual lodges in their studies, projects, programs and humanitarian efforts

1455 W. Lake Street  
Minneapolis, MN  
55408  
800-945-8851  
www.sonsofnorway.com

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Cates and Myrtle Beinhauer, Sons of Norway members, left the Foundation bequests to be used to further improve our communities through education. The Foundation believes in providing these opportunities to strengthen our communities and help us protect Norwegian heritage and culture for future generations. The 2008 recipient Elizabeth Lyda embodies these goals.”

Myrtle Beinhauer remembered Sons of Norway youth with a special bequest in her will to the Sons of Norway Foundation. The Sons of Norway Foundation established the Myrtle Beinhauer Scholarship in 1998.

The Sons of Norway Foundation celebrates culture and expands the horizons of our members by awarding scholarships and grants to promote the heritage and culture of Norway, and provides assistance to our members, lodges and their communities. Since 1966 we have awarded over 2,000 scholarships and more than 400 grants totaling over \$1 million. For more information on this scholarship and the Sons of Norway Foundation, visit

<http://www.sonsofnorway.com/foundation>.